## **INDEPENDENT STUDY REFRESHER COURSE**

for

# REGISTERED NURSES (Arkansas)





1900 28th Ave. So. Moorhead, MN 56560

## **COURSE OUTLINE**

#### A. Course Title

Independent Study Refresher Course for Registered Nurses

#### **B.** Course Description

The purpose of this course is to provide an opportunity for exposure to current nursing theory and practice as it relates to the role of the Registered Nurse as a member of today's health care system. This course will also enhance preparation of the nurse for the orientation program of an employing agency.

#### C. Total Course Hours

**Theory:** A minimum of 120 hours will be spent completing the theory component of the course.

**Clinical:** A minimum of 80 hours of supervised clinical will be required for those reregistering in MN.

Students must secure the facility for the clinical rotation in/near their home community.

\*It is recommended students complete the entire course within 12 months. If deemed necessary, arrangements can be made to extend the completion date

- 6. Demonstrate knowledge and safe administration of medications and treatments.
- 7. Apply the nursing process in planning and providing care for patients with selected medical/surgical conditions.
- 8. Discuss current nursing and clinical concepts utilized in the following areas:
  - a. Basic Concepts in Nursing
  - b. Biophysical and Psychological Concepts in Nursing Practice
  - c. Nursing Concepts and Challenges in Clinical Practice
  - d. Concepts in Clinical Practice and Related Skills

#### E. Instructional Methods

- 1. Course orientation, if needed
- 2. Periodic conferences, as needed
- 3. Independent Learning Guide (online)
- 4. Clinical skills lab (offered every 3 months at an M State campus)
- 5. Clinical experience (secured and arranged by the student in a healthcare facility in/near the refresher student's home community/area of residence)

#### F. Evaluation Methods

- 1. Mid-term and final exams, each with a 76% or higher passing grade. The mid-term exam will be taken online in D2L Brightspace. The final exam will be monitored by a proctor identified by the refresher student. If a score of less than 76% is received on the final exam, the student will be allowed one retake with a different examination.
- 2. Clinical Student Evaluation completed by RN preceptor
- 3. Online assignments in the Independent Learning Guide (satisfactory/unsatisfactory)
- 4. Comprehensive Care Plan completed on one client co-assigned to during clinical (satisfactory/unsatisfactory)
- 5. Skills Checklist signed by both the RN preceptor and student
- 6. Final Student Evaluation completed by course coordinator
- 7. Course Evaluation completed by student

### G. Theoretical and Clinical Components

#### Theoretical Component

After the nurse refresher student has enrolled and received the course materials, instructions will be given on how to complete the Independent Learning Guide, via the phone, if necessary. Areas covered at this time are course objectives, course requirements, and assignments. The theory course is started and completed entirely online. Students are instructed to contact the course coordinator at any time should they need assistance or have questions regarding their independent study. The independent learning guide will take a minimum of 120 hours to complete.

Students must complete Sections 1-4 of the learning guide and the mid-term exam prior to beginning their clinical experience.

#### **Clinical Component**

The following two online Arkansas Board of Nursing continuing education courses must be completed in order to obtain a temporary work permit prior to starting clinical: "Delegation Do's and Don'ts" and the "Arkansas State Board of Nursing Nurse Practice Act."

It is the responsibility of the nurse refresher course student to secure the clinical placement site in a healthcare facility (hospital, long-term care, or assisted living facility) in/near his/her home community.

A background study will need to be initiated prior to starting clinical. A form is sent to the student upon course enrollment to gather data to begin this process.

Students are required to submit proof of negative TB result (Mantoux) completed within 6 months of their clinical start date, or a negative chest x-ray taken within the last year, or a negative QuantiFERON Gold blood test completed no more than 6 months prior to the start of clinical. If you have ever had a positive Mantoux or QuantiFERON Gold TB test, you will need to codlp,s mBfnta4 (te)t y (e)3 (s)16 0 (m)4 (o)2vgst conth 1 ( (r )1y10 (te 1 ( a)n)4 (l)44 (o)2v)eg

As an enrolled nurse refresher course student at Minnesota State Community and